

# Harriets

CAFÉ • TEAROOMS

✧ Est. 1999 ✧



*'A Truly English Experience'*

[www.harrietscafetearooms.co.uk](http://www.harrietscafetearooms.co.uk)

# Harriets

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## An Introduction to Harriets

Remembering the 'old days' is a favourite pastime in which we all indulge. For many, those days are recreated so eloquently here at Harriets Café Tearooms, where the true quality of service from 'yesteryear' is at the centre of everything.

If its breakfast, lunch or afternoon tea, Harriets has much to offer. All our dishes are made on the premises, many to family recipes, using UK sourced ingredients. Indulge in a fresh cooked breakfast or simply pop in for leaf tea and handmade cakes !

We are fully licensed with outside seating also available in the summer months. Waitresses wear period uniforms and serve you promptly in elegant surroundings. Our tearooms have regular live piano music to accompany you on selected afternoons throughout the year, in addition to welcoming children and having good disabled and pushchair access.

The essence of what has been carefully created in the tearooms is now encapsulated in a private and business buffet service. Exceptional daily platters of sandwiches, cakes and savouries can be pre-ordered for a business lunch, private party, wedding or any other special occasion. If you want your family, friends, clients and customers to know you really do care about quality, then Harriets platters are for you !

Please take time to peruse our menu within which we have taken the opportunity to let you know of other services also available. These include; takeaway sandwiches & drinks, private and business buffets, venue hire, gift vouchers and whole cakes purchased to order.

We hope you enjoy what  
we believe to be

*'A Truly English Experience'*





## Teas

*All Harriets Teas are made using loose leaves to ensure the maximum flavours are captured for you to enjoy. All are served in a pot with extra hot water.*

### HARRIETS SPECIAL BLEND

A specially selected blend from East Africa and Ceylon.  
A brisk and refreshing flavour. **Pot for One** £2.75  
**Pot for Two** £4.95

### HARRIETS TEA ROOM BLEND

A blend from Assam, Kenya and Rwanda.  
Strong, rich and full-bodied. **Pot for One** £2.90  
**Pot for Two** £5.10

### DECAFFEINATED

A blend of East African teas, decaffeinated  
by a natural process. **Pot for One** £2.75  
**Pot for Two** £4.95

### DARJEELING

A light golden tea with a delicate flavour.  
**Pot for One** £3.40

### SPECIAL RARE ASSAM

A rich, full-bodied tea with a distinctive malt taste.  
**Pot for One** £3.60

### EARL GREY "BLUE LADY"

With natural oil of Bergamot and Blue Mallow Flowers.  
**Pot for One** £3.10

### PEPPERMINT TISANE

Clean, refreshing & very aromatic. **Pot for One** £3.10

### CHAMOMILE FLOWERS TISANE

A delicate floral, very soothing tea. **Pot for One** £3.10

### GUNPOWDER GREEN

A classic green China tea with a subtle flavour.  
**Pot for One** £3.10

### LAPSANG SOUCHONG

A distinctive tea produced by smoking in a traditional  
way over pine chips. **Pot for One** £3.15

### RUSSIAN CARAVAN

Blended from exotic teas from the East that were  
traded along the old silk route from China into Europe.  
Slightly Smoky. **Pot for One** £3.15

### ROOIBOS (RED BUSH)

From the leaves of the Red Bush that grows in  
South Africa. Contains no caffeine. **Pot for One** £3.15

### FRUIT TEA

Please ask a member of staff for our selection.  
**Pot for One** £2.35

## Coffees

*All Harriets coffees are freshly ground and served in a cafetiere with milk, cream or a slice of lemon.*

### HARRIETS CAFÉ IMPERIAL

A rich and full-flavoured medium roast coffee.  
**Cup** £2.05  
**Pot for One** £3.25  
**Pot for Two** £5.95

### HARRIETS GOLD BLEND

A dark roast continental style coffee with full flavour.  
**Cup** £2.15  
**Pot for One** £3.35  
**Pot for Two** £5.95

### PURE WATER DECAFFEINATED

Decaffeinated using a chemical free process and has  
a rich aroma and full flavour. **Cup** £2.05  
**Pot for One** £3.25

### TANZANIAN AA

Mandarin and lemon acidity with thin body  
and clean crisp finish. **Pot for One** £3.95

### ETHIOPIAN MOCHA SIDAMO

Medium to light acidity and subtle chocolate sweetness.  
Hints of blackcurrant. **Pot for One** £3.85

### JAVA JAMPIT

A powerful full-bodied Indonesian Coffee with  
hints of chocolate. **Pot for One** £3.85

### BRAZIL RIO VALLEYS

Finely balanced with rich aroma and full body.  
**Pot for One** £3.85

### CAPPUCCINO

(Decaffeinated available) **Regular Cup** £2.75  
**Large Mug** £3.30

### CAFÉ LATTE

(Decaffeinated available) **Regular Cup** £2.75  
**Large Mug** £3.30

### ESPRESSO

**Single** £2.15  
**Double** £2.95



## Hot Drinks

### HOT BELGIAN CHOCOLATE WITH MARSHMALLOWS

Made with real Belgian chocolate melted in our kitchen and topped with mini marshmallows.

Regular Mug	£3.05
Large Mug	£3.30
Childrens	£2.05

### HOT MOCHA

Made using a single shot of espresso blended with steamed hot Belgian chocolate and topped with whipped cream and a chocolate dusting.

Regular Mug	£3.05
Large Mug	£3.30

## Soft Drinks

### COCA COLA OR DIET COKE

Regular	£2.15
Large	£2.65

### ORANGE JUICE

Freshly squeezed.

£2.65

### APPLE JUICE

A blend from local orchards.

£2.65

### J20

Apple and Mango

£2.50

Orange and Passionfruit

£2.50

### SQUASH

Orange or Blackcurrant

£1.50

### COLD MILK

£1.50

### MILKSHAKES

Made with real ice-cream and topped with whipped cream. Choose from Chocolate, Banana and Strawberry.

Adult	£3.30
Childrens	£2.50

### OLD FASHIONED LEMONADE

Topped with a little sorbet.

£3.00

### TRADITIONAL GINGER BEER

Botanically brewed.

*(with not more than 0.5% alcohol)*

£3.00

### DANDELION AND BURDOCK

A classic fermented beverage with ginger extract.

£3.00

### STILL OR SPARKLING MINERAL WATER

£2.25



## Alcoholic Beverages

### HOUSE RED AND WHITE WINE

Small Glass (175ml)	£4.15
Large Glass (250ml)	£5.20
Bottle (75cl)	£14.25

### CHAMPAGNE

Bottle (20cl)	£16.95
Bottle (75cl)	£37.00

OLD SPECKLED HEN (355ml) £3.35

LIGHT ALE (275ml) £2.60

CARLSBERG (275ml) £3.00

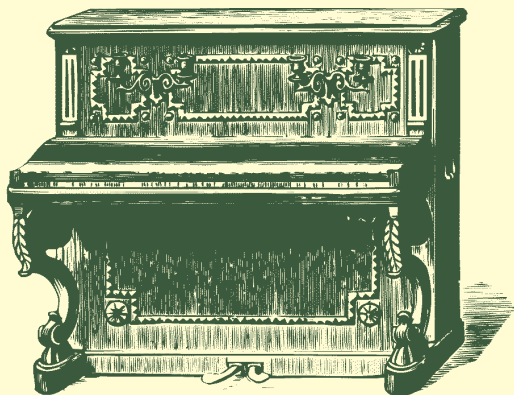
BUDWEISER (300ml) £3.35

OLDE ENGLISH CIDER (330ml) £3.00



## Toasts and Scones

CINNAMON MUFFIN	£2.50	HARRIETS SCONES	
TOASTED PLAIN MUFFIN	£2.25	Plain, Cheese, or Sultana served with butter	£2.45
TOASTED CRUMPETS	£2.25	TOASTED SCONES	£2.60
CINNAMON TOAST	£2.50	PRESERVES, MARMALADE OR HONEY	£0.85
TOAST AND BUTTER		CORNISH CLOTTED CREAM	£0.85
White or Granary Bread	£2.00		
HARRIETS LARGE TOASTED FRUIT TEACAKE WITH BUTTER	£3.05		



*“ Harriets is a family owned  
Company which aims to source all  
of its ingredients from local  
businesses. These are freshly  
prepared to offer you our style  
of traditional home cooked food”*

## Vouchers

*A special gift for a special friend, family member or colleague.*

*Please ask a member of staff for details.*

FIVE POUNDS VOUCHER	£5.00	TRADITIONAL AFTERNOON TEA	
TEN POUNDS VOUCHER	£10.00	For One	£13.25
CREAM TEA	£6.35	With Champagne	£26.25
		SPECIAL AFTERNOON TEA	
		For One	£15.45
		With Champagne	£28.45



## Tea Time

### SCONES

Handmade every morning, served with butter.

<b>Plain</b>	<b>£2.45</b>	<b>Fruit</b>	<b>£2.45</b>
<b>Cheese</b>	<b>£2.45</b>	<b>Toasted</b>	<b>£2.60</b>

### HARRIETS CREAM TEA

A pot of Harriets Special Tea, fresh Scones, Cornish Clotted Cream and Harriets Strawberry Jam.

**£6.35**

### HARRIETS TRADITIONAL AFTERNOON TEA

Harriets Special or Tearoom Blend Tea, Egg Mayonnaise and Ham Sandwich Quarters, Freshly Baked Scones with Cornish Clotted Cream and Harriets Strawberry Jam and Assorted Mini Afternoon Tea Sponge Cakes

<b>For One</b>	<b>£13.25</b>
<b>With Champagne</b>	<b>£26.25</b>

### HARRIETS SPECIAL AFTERNOON TEA

Any Tea of Your Choice, Smoked Salmon, Cucumber and Chicken Finger Sandwiches, Freshly Baked Scones with Cornish Clotted Cream and Harriets Strawberry Jam and Harriets Rich Chocolate Fudge Brownie Slice and Assorted Afternoon Tea Pastries

<b>For One</b>	<b>£15.45</b>
<b>With Champagne</b>	<b>£28.45</b>

Champagne Teas are accompanied with a 200ml bottle of Champagne, with an intense freshness and displaying excellent length on the palate.

### *The Perfect Gift*

*Our Tea Time items make  
the perfect gift for your family,  
friends or clients.*

To purchase a voucher, ask a member of staff.





## Desserts

### HARRIETS APPLE CRUMBLE

With a hint of cinnamon. Served with a choice of custard, fresh cream or vanilla ice cream.

£5.15

### CHOCOLATE FUDGE BROWNIE

A warm Belgian Chocolate Brownie, home baked and served with cream.

£4.95

### CHEESECAKE

See the specials board for our cheesecake of the week.

£4.95

### PROFITEROLES WITH BELGIAN CHOCOLATE

Fresh cream filled choux buns drizzled in a real Belgian Chocolate sauce

£4.95

### ICE CREAM

Locally produced ice cream with whipped cream and a wafer. Please ask a member of staff for the flavours we have available.

£4.80

### LEMON MERINGUE

A handmade traditional zesty Lemon Meringue Pie on a pastry base. Served with cream or ice cream.

£5.15

## Cakes & Patisserie

### CARROT CAKE

A moist cake topped with a delicious cream cheese flavour icing.

£3.30

### COFFEE & WALNUT CAKE

A rich but light coffee sponge, filled and iced with coffee butter icing and chopped walnuts.

£3.30

### CHOCOLATE CAKE

A light chocolate sandwich cake with chocolate buttercream icing.

£3.30

### VICTORIA SPONGE CAKE

Traditional vanilla sponge filled with strawberry jam and butter icing.

£3.30

### LEMON CAKE

A popular cake with a zesty lemon drizzle.

£3.30

### PASSION CAKE

A tempting mixture of fruit and sponge with a buttercream icing and topped with walnuts.

£3.30

### SHORTBREAD

£2.15

### FLAPJACK

£2.15

### FUDGE BROWNIE

£2.15

### CUPCAKE

A variety of beautifully hand-decorated traditional cupcakes.

£2.65

### LEMON TART

A sweet buttery pastry case filled with a zesty lemon curd, served with clotted cream.

£2.75

### ALMOND CAKE

Sublime for almond lovers. Served at room temperature or warmed through, it's delicious with ice cream or clotted cream.

#### Plain

£3.30

#### With Ice Cream

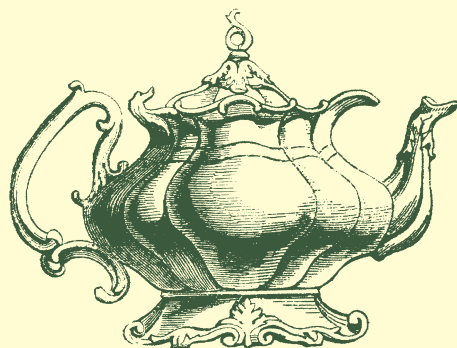
£3.85

#### With Clotted Cream

£4.00

## Cake Display

Enquire with a member of staff or view our display to see our delicious range of handmade cakes and special treats.





## Sandwiches

*All our sandwiches are served on Granary Bread and with a salad garnish.*

⑥ EGG, CRESS, AND MAYONNAISE	£5.05	CHICKEN, LETTUCE AND TOMATO WITH A MANGO CHUTNEY	£5.65
⑥ BRIE, AVOCADO AND APPLE CHUTNEY	£6.15	SMOKED SALMON, CUCUMBER AND LEMON MAYONNAISE	£6.15
⑥ CHEDDAR, RED ONION AND TOMATO CHUTNEY	£5.05	TUNA, MAYONNAISE AND CUCUMBER	£5.35
PRAWN WITH MARY ROSE SAUCE	£6.10	SUFFOLK HAM, SALAD AND MILD MUSTARD MAYONNAISE	£5.95
CORONATION CHICKEN	£5.95		

## Toasted Sandwiches

⑥ HARRIETS RAREBIT WITH CHEDDAR CHEESE, ABBOT ALE AND TOMATO CHUTNEY	Original £5.95 With Bacon £6.25	SUFFOLK HAM, CHEDDAR AND WHOLEGRAIN MUSTARD	£6.20
⑥ THREE CHEESE AND CARAMELISED ONION CHUTNEY	£5.95	⑥ BRIE AND GRAPE WITH SWEET APPLE CHUTNEY	£6.35
		BACON, BRIE AND CRANBERRY SAUCE	£6.35

## Toasted Baguettes

TUNA MAYONNAISE AND CHEDDAR	£6.45	CHICKEN, CHEDDAR, RED ONION AND MANGO CHUTNEY	£6.45
CHICKEN, BACON AND BARBEQUE SAUCE	£6.50	⑥ GOATS CHEESE, SLICED TOMATO AND GREEN PESTO	£6.50

*Add Chips or Salad to any Sandwich or Baguette for £2.50 or Crisps for £1.35*



## Light Meals and Hot Dishes

### SOUP OF THE DAY

Freshly made soup served with freshly baked crusty bread and butter.

£5.35

### PATE OF THE DAY

The chef's pate served with a fresh half salad and granary toast.

£5.55

See our Specials Board.

### PASTA BAKE

Made with three cheeses, a creamy white butter sauce and cherry tomatos lightly grilled.

£6.55

### JACKET POTATO

With a choice of Cheese, Baked Beans, Coleslaw, Egg Mayonnaise, Tuna Mayonnaise, Prawns in Mary Rose Sauce, Coronation Chicken or Beef Chilli. Served with a salad garnish

£6.75

Any 2 Fillings £7.25

### GRILLED BACON AND BRIE ON CIABATTA BREAD

Two slices of ciabatta bread layered with grilled bacon, brie and cranberry sauce. Lightly grilled and served with a fresh half salad.

£7.45

### HARRIETS RAREBIT

Two slices of toast topped with a fresh cheddar cheese sauce laced with Abbot Ale and a dash of Worcester sauce. Grilled and served with Harriets tomato chutney and a fresh half salad.

### JUMBO SAUSAGE ROLL

Sausage meat laced with herbs and Harriets Apple Chutney. Baked in puff pastry served with chips and baked beans.

£6.95

### Original

£7.45

Poached Egg ~ with two poached eggs.

£7.95

Harlequin ~ with bacon.

£8.25

### SALMON FISH CAKES WITH SWEET CHILLI

Two salmon fish cakes, briefly fried and served with a sweet chilli dressing. Served with salad or chips and peas.

£7.25

### TWO CHEESE CHIP DIPS

An extra large plate of chips topped with grated cheddar cheese and Red Leicester melted under the grill and served with a selection of dips. Excellent served with chilled white wine and friends.

£6.50

### FISHERMANS PIE

Haddock, smoked salmon and prawns in a creamy white sauce topped with mashed potato. Served with salad or chips and peas.

£7.25

### COTTAGE PIE

Our traditional minced beef and vegetable pie topped with tomato and mashed potato. Served with salad or chips and peas.

£7.25

### HADDOCK AND CHIPS

A deep fried fillet of haddock cooked in a crispy batter with mushy peas and chips

Small £8.25

Large £9.45

### HAM, EGG, CHIPS AND PEAS

Sliced Suffolk ham, two fried eggs, chips and garden peas

£7.25

### BANGERS AND MASH

Three Lincolnshire sausages served with mashed potato, peas and onion gravy.

£7.95

Vegetarian Sausages Available



## Salads

<b>GOATS CHEESE, SUNDRIED TOMATO AND SULTANA SALAD</b> Served with a mixed salad and Harriets Balsamic dressing.	<b>£7.45</b>	<b>POACHED SALMON, WATERCRESS AND SPRING ONION TART</b> Served with mixed salad and a pesto and pine nut dressing.	<b>£7.45</b>
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## Side Dishes

<b>POTATO CHIPS</b>	<b>£3.10</b>	<b>BREAD AND BUTTER</b>	<b>£1.30</b>
<b>HALF MIXED LEAF SALAD</b>	<b>£3.10</b>	<b>LIGHTLY SALTED CRISPS</b>	<b>£1.65</b>

## All Day English Breakfast

*All our breakfasts are freshly prepared to order. Your patience is appreciated.*

<b>HARRIETS ENGLISH BREAKFAST GRILL</b> All served with a slice of Toast & Butter Choose from the following items; Suffolk Bacon, Free Range Egg of your choice, Traditional Pork Sausage, Plum Tomato, Fried Button Mushrooms, Hash Browns, Black Pudding and Baked Beans. <b>Vegetarian Sausages Available.</b>		<b>EGGS BENEDICT</b> A buttered toasted muffin topped with two poached eggs and hollandaise sauce	
<b>Any 4</b>	<b>£7.50</b>	<b>Mushrooms &amp; Cherry Tomatoes</b>	<b>£6.25</b>
<b>Any 5</b>	<b>£7.95</b>	<b>Bacon</b>	<b>£6.65</b>
<b>Full English Breakfast Grill</b>	<b>£8.85</b>	<b>Smoked Salmon</b>	<b>£7.95</b>
		<b>HARRIETS BREAKFAST OMELETTE</b> A four-egg omelette served open with	
		<b>Mature Cheddar Cheese &amp; Sauté Mushroom</b>	<b>£6.50</b>

*Add orange juice or apple juice for £1.75 or toast for £1.35*

## Sunday Lunch

*Available from 12.30pm every Sunday*

### STARTER

**Soup of the Day**  
**Pate of the Day**

### MAIN

**Roast Beef**  
**Roast Pork**  
Served with all the trimmings.

### DESSERT

**Apple Crumble**  
**Cheesecake**

*1 Course £8.35*  
*2 Courses £11.50*  
*3 Courses £14.25*

## Your Comments

Your comments will help guide us in making your next visit to Harriets more enchanting. Please give your views either to a member of staff or alternatively, visit our comments section on our website: [www.harrietscafetearooms.co.uk](http://www.harrietscafetearooms.co.uk)

## Children's Facilities

Please ask a member of staff for our childrens menu. For high chairs and baby-changing facilities please ask a member of staff. However, Harriets cannot be held responsible for any accidents occurring during their use. Unfortunately, due to Health and Safety regulations, we are unable to warm baby food in our kitchen although we are able to provide you with a pot of hot water for warming milk at your table.



## Dietary Allergies

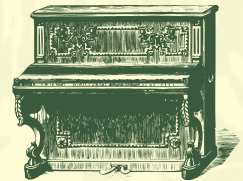
If you have any dietary allergies and would like to know the full content of any dishes mentioned please consult a member of staff who would be delighted to help.

## Vegetarian Dishes

The symbol  appearing next to several of our menu items indicates that these dishes are suitable for Vegetarians.

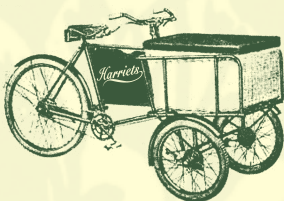
## Pianist

On selected afternoons throughout the week/weekends our Pianists perform in the Tearooms. See the in-store notice for advertised times and make a date to unwind at Harriets.



## Website

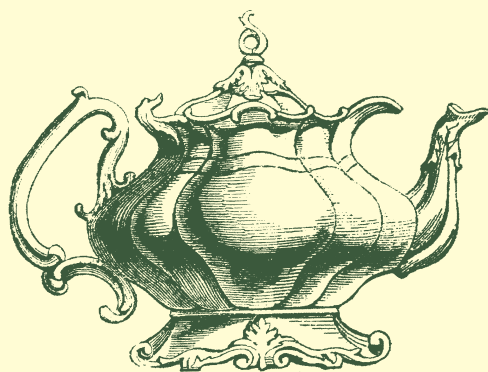
Discover Harriets on the web by visiting [www.harrietscafetearooms.co.uk](http://www.harrietscafetearooms.co.uk) Download menus, application forms, view images, leave feedback and keep up to date with what's happening all day, everyday.



## Buffets

Let Harriets create that special event at home or at work. All types of occasions can be catered for. Pick up a leaflet or visit our website for more details.

**In the interest of all our customers please refrain from using your mobile telephones.**



## An Ode to Afternoon Tea

*Who wouldn't like to drink afternoon tea  
Out in the garden just like me?  
With the song of a bird, and the hum of a bee,  
And the sunflowers looking all eyes to see.*

*The little girl's stirring her tea so sweet;  
Tea in the garden is such a treat,  
With the cool breeze blowing and not much heat ~  
And doesn't the tea-tray look  
Charmingly sweet?*



57 CORNHILL BUILDINGS, BURY ST EDMUNDS, SUFFOLK IP33 1BT  
16 & 17 GREEN STREET, CAMBRIDGE, CAMBS CB2 3JU

[www.harrietscafetearooms.co.uk](http://www.harrietscafetearooms.co.uk)